

Differentiation of Radiographic to Histomorphometric Analysis of Mid Palatal Suture Width In Caprines: A Pilot Study

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ABSTRACT

Background: To conduct a pilot study and determine the potentiality of midpalatal sutural width radiographically with computed tomography in a caprine model.

Materials and Methods: Samples from the midpalatal suture of five young (16 weeks) and five old (200 weeks) *capra aegagrus hircus* were collected. The midpalatal suture width was measured radiologically and compared to respective histological preparations. Results with $P < .05$ were considered significant.

Results: The data obtained by radiographs and histomorphometric analysis reveal a highly significant age dependency of the measured suture width (both $P < .0001$), with lower suture width values in older caprine subjects compared to the younger group. The average suture widths measured in the images show a distinctively higher mean compared to the histomorphometric data with high statistical significance. The evaluated difference between both methods was almost constant.

Conclusion: Computed Tomography is a powerful tool for determining midpalatal sutural width.

Keywords: Caprine; Computed Tomography; Histomorphometric analysis; Midpalatal suture.

INTRODUCTION

Angell EC first illustrated the concept of midpalatal suture width in 1860s.¹ Rapid Maxillary Expansion (RME) has been a proven method for reducing transverse discrepancy between dental arches due to maxillary constriction.^{2,3} Widening of the maxillary arch by RME corrects posterior crossbite, along with a gain in arch-perimeter in individuals with tooth/arch size discrepancies.⁴⁻⁷ However, problems such as root resorption, lateral tipping, fenestration of the buccal cortex and an inability in opening the midpalatal suture may arise in those patients who are skeletally mature.⁸⁻⁹ An

age/function related decrease in the midpalatal suture width leads to an increased resistance against traditional rapid maxillary expansion.¹⁰⁻¹² Surgically assisted rapid maxillary expansion (SARME) on the other hand, is indicated in skeletally mature patients with a constricted maxillary arch. The procedure is associated with inconvenience and potential risks for the patient.¹⁴⁻¹⁷ Thus, determining the extent of the maxillary expansion that requires a surgical procedure is of utmost importance.¹⁸⁻²⁰

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Wehrbein and Yildizhan reported that occlusal radiographs, due to their two-dimensional nature and overlapping with structures of the cranial base are not reliable in determining the suture structure.¹³ Three-dimensional imaging such as Computed Tomography (CT), although limited in their use because of cost, has improved the diagnostic imaging abilities. The aim of the present pilot study was to analyze the midpalatal suture width using Computed Tomography and compare them with their respective histological preparations in a caprine model. The ethical clearance for this study was granted by the Animal ethical committee of our university.

MATERIALS AND METHODS

Five young (16 weeks) and five old (200 weeks) *Capra aegagrus hircus* were sacrificed, their maxillae were separated and the palatine mucosa was removed. After marking the necessary outlines, six cylindrical samples of bone with a diameter of 1 cm were obtained along the mid palatal suture line for each of the caprine maxillae. They were then fixed in a 4% buffered formaldehyde solution at room temperature. **(Figure 1,2,3)** The midpalatal suture width was then measured using CT scan for each of the sample and their findings were compared with their respective histological preparations. All the tomographic imaging were performed with the GE optima CT scanner, with a dimension of 20.5 X 20.5 cm and with 1024 X 1024 pixels. In order to obtain the histological samples, the specimen were placed in a KOH solution and decalcified. The thickness of the specimen were then reduced to 3 µm each and stained with H & E stains. The data sets were then run on a software, displaying them as facial slices perpendicular to the surface of the suture and palatal bone. With the point indicating cursor on the software, the points where the distance between the mid palatal sutures would be taken are marked. The distances were finally measured using the distance measurement tool of the software itself. The measurements for the histological preparation was done microscopically and comparisons were made for each sample between the two methods.

Statistical analysis

The obtained data were analyzed using SPSS software. The factors such as young and old age, and radiographic and histologic method were

considered and Analysis of Variance was performed. Results with levels of $P < 0.05$ were considered significant.

RESULTS

The differences were mainly observed between the younger and the older samples in terms of suture anatomy – with a smaller suture width in the old age samples. The average suture widths measured using radiological means revealed a higher mean compared to the histological data. **(Figures 4-9)** However, the evaluated differences between the values using the two methods were found to be almost similar. The data we have obtained from the two methods have been tabulated in **table 1**.

Table 1: Comparison of Suture Width in Younger and Older age groups determined by computed tomography and histomohometry.

Method	Age	Minimum,	Maximum,	Mean
		mm	mm	
CT	Young	0.11	0.50	0.22
	Old	0.09	0.27	0.13
Histomorphometry	Young	0.08	0.61	0.16
	Old	0.01	0.27	0.10

DISCUSSION

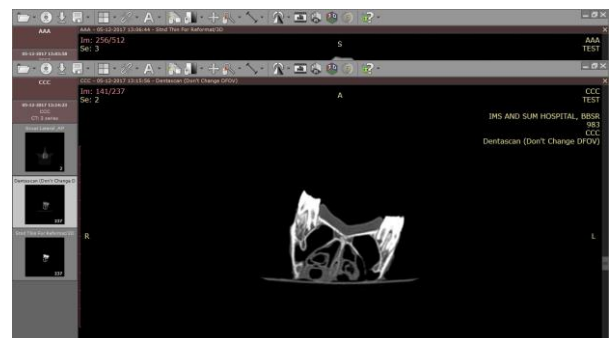
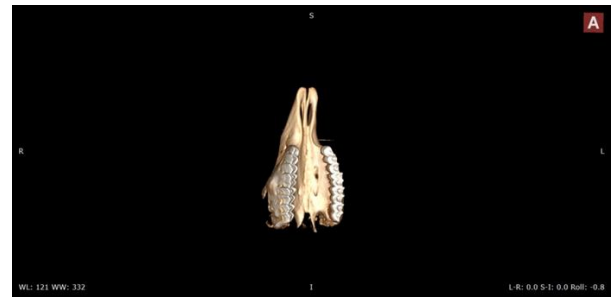
The chronologic age cannot reliably determine the developmental status of midpalatal suture growth. Thus, establishing suitable candidates for RME without a surgical assistance becomes difficult. SARME, on the other hand, becomes necessary in adult patients. Confusion especially occurs in the borderline age group between 19 – 20 years. The Hand-wrist radiographs are not suitable for estimating the fusion of the midpalatal suture.^{27,28} Hence, developing a method to individually assess the midpalatal suture became essential. The midpalatal suture matures from posterior to anterior of the oral cavity. Nguyen based on his experiments on 20 patients over 70 years of age reported that the midpalatal suture might be the only suture in the body to remain unfused even in the aged group.¹¹ His studies also could not find any gender differences and the closure of the midpalatal suture. Katsaros et al⁷ stated that a decreased masticatory function caused by a soft diet results in

a reduced bone apposition in the sutures of similar animals.



Fig 1 – 3: six cylindrical samples of bone with a diameter of 1 cm were obtained along the mid palatal suture line for each of the caprine maxillae.

Going by the sutural anatomy, humans and caprines show comparable features³⁷ to the point, that the data acquired from caprines in our study can be applicable for humans as well. Knaupet al⁸ reported that the mean values in suture widths between younger and older caprines vary significantly. This finding correlates with the observations made in our study.



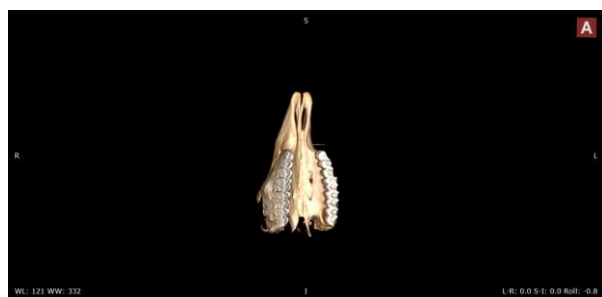
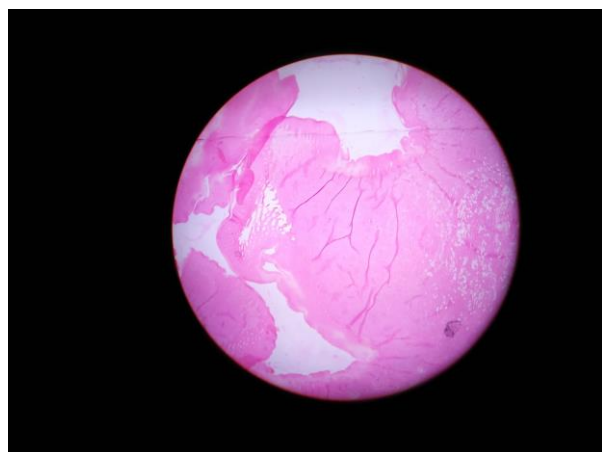
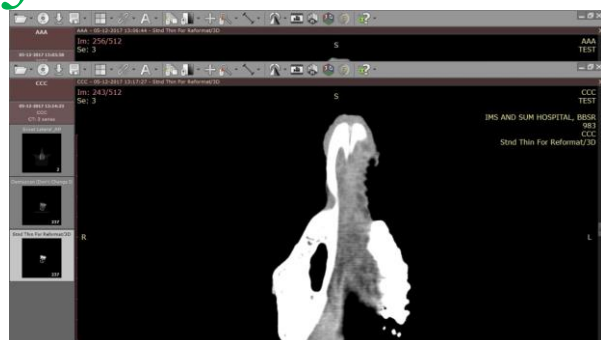


Fig 4 -9: The differences were mainly observed between the younger and the older samples in terms of suture anatomy – with a smaller suture width in the old age samples. The average suture widths measured using radiological means revealed a higher mean compared to the histological data.

In our study, the average suture widths measured using radiological means revealed a higher mean compared to the histological data. This may have occurred because the CT could not correctly depict the decreased calcification of the bony sutural borderline adjacent adjacent to the sutural lamina. The incompletely calcified regions cannot be clearly identified with CT because of a lower tissue density⁴⁴. Another factor to be considered might be the fact that the virtual sections generated from a CT are thicker than the ones used for histological analysis. The evaluated differences between the

values from both the methods were found to be almost constant. Based on the results from our pilot study, we believe that CT imaging can be used to accurately determine the degree of ossification of the midpalatal suture and hence opt for the necessary treatment while choosing between RME and SARME.

CONCLUSION

SARME is a widely established procedure in the correction of Transverse discrepancies of the maxilla in skeletally mature patients. However, the equilibrium between surgical method versus a conservative procedure with minimal complications is still inconclusive. Advances in imaging techniques have helped in this regard. Based on the findings of our pilot study, the suture width in younger and older caprinemidpalatal sutures can be reliably determined using CT. Further studies can be done with a larger sample size to consolidate the findings of our study, its degree of accuracy and the factors that could influence the results. This would, finally, assist in achieving a greater precision and help improvise the orthodontic treatment protocols.

CONFLICTS OF INTEREST

The authors declare they have no potential conflict of interests regarding this article.

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